

Daily Health and Emotion Research Study

We are seeking individuals to participate in a research study by the Department of Psychology at the University of Notre Dame. Individuals must:

- Be 18 years or older
- Have recent difficulties with their emotions or substances
- Have a smartphone

This study is focused on learning more about how changes in emotions and thoughts relate to behavioral changes in daily life.

How Much Time is Required?

One 3-Hour In-Person Session +
20 Minutes Per Day for 21 Days

Will You Be Compensated?

Yes, up to \$165

Interested?

Contact the ASSIST Lab at Notre Dame to learn more and find out if you are eligible

(574) 631 - 5914 | assist@nd.edu

Call to find out if you are eligible for
study participation

ASSIST Lab @ Notre Dame
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